

Anchorage Music & Dance Center ***Updated Covid 19 Guidelines as of June 1, 2021***

Below are updated guidelines, based on the recent loosening of restrictions for vaccinated people by the CDC. By enrolling at Anchorage Music & Dance Center (“AMDC”), you agree to abide by these guidelines while in our studio. There is also information about our cleaning & disinfecting protocols.

Masks

- Vaccinated people are NOT required to wear a face mask in the building.
- Unvaccinated people are required to wear a face mask in the building.
- For personal reasons, individual teachers may request their students wear a mask; even the vaccinated ones. Please respect their wishes.

Vaccinated People DO NOT enter the premises:

- **If you are exhibiting the current CDC recognized symptoms consistent with COVID-19 or ANY symptoms of a flu or cold**
- Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever
- If you are recovering from a case of COVID-19 and are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever

Unvaccinated People DO NOT enter the premises:

- **If you are exhibiting the current CDC recognized symptoms consistent with COVID-19 or ANY symptoms of a flu or cold**
- If you are within 72 hours of exhibiting significant COVID-19 symptoms or a fever
- If you are recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever, AND have not received a negative Covid-19 test
- If you have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days
- If you have returned from a trip out of state & have not received a negative Covid-19 test result within 3-4 days after returning AND have not been symptom free for a total of 7 after returning to Alaska.

Lobbies & Waiting Areas Remain Closed

Since both the vaccinated & unvaccinated will be in our building at the same time, our lobbies & viewing areas will remain closed. This will allow us to limit the total number of people in the building. No one other than students and AMDC staff are permitted in building at this time. (See exception for young dance students below.)

Hand sanitizer

Sanitizing stations will remain in place at all building entrances. Everyone must use sanitizer upon entering the building.

Bathrooms

Bathrooms remain closed to the public and are for students & emergencies only. Students are NOT permitted to change clothes in the bathrooms.

We Will Continue to Utilize Separate Entrances for Music & Dance Students

- Music Students are to enter and exit at the front of the building.
- Dance Students in Studio #1 are to enter and exit from the back of the building.
- Dance Students in Studio #2 are to enter and exit from the side entrance to the left as you face the building.
- Rock Band Students are to enter and exit from the side entrance to the left as you face the building
- A parent or guardian must drop off/pick up their student at the designated door. Students should not be dropped off more than 5 minutes before class, and they should not be picked up any later than 5 minutes after class

Dance Students

- Dancers must arrive dressed for class. Dressing rooms remain CLOSED, & students will not be allowed to change in the bathrooms. Students should have a dance bag large enough to fit all their personal belongings. Students will place their bag in individual baskets near the dance studio.
- Students should bring their own, **full**, water bottle with their name on it.
- One parent/guardian per student (or siblings) is required to stay in the building for dance students ages 3-5 years old, or any dance student who is unable to use the restroom by themselves.
- Our teachers and staff are not permitted to assist students with using the restroom, adjusting clothing, hair, etc.
- Class sizes are permanently limited to 10 students per class. Social distancing will be encouraged, but spaces will no longer be outlined in tape on the floor. Students should refrain from touching & hugging others.

Music Students

- Students must wait in a designated spot until they are told it's OK to enter the lesson room.
- Music studios, instruments & equipment will be disinfected daily.
- Students should have a bag for their music books and personal belongings.

Cleaning/Disinfecting

- All studios have Medify Air Filtration Systems w/medical-grade filters and a high-efficiency H13 TRUE HEPA filtration system that removes 99.9% of particles down to 0.1 microns.
- We use the Oxy Thyme disinfecting system in our music and dance studios daily. It is a non-toxic, CDC approved/EPA registered hydrogen peroxide disinfectant that disinfects the space, instruments, and equipment quickly, leaving a fresh scent with no toxic residue.

Closures/Exposures

If a student or staff member is diagnosed with Covid-19, AMDC will follow CDC cleaning and disinfecting protocol as soon after the confirmation of a positive test is practical. We reserve the right to utilize online options for dance classes and music lessons if the need arises. AMDC will not be held accountable or responsible for any contracted illness. Parents must inform Anchorage Music & Dance Center ("AMDC") if their student has tested positive for Covid-19 within seven days of participation in a class held at AMDC.